

FIT FARM GRILL

FOOD TO POWER BODY, MIND & GOALS

ALL MEALS PREPARED BY FIT FARM NUTRITIONISTS IN ACCORDANCE TO MEAL PLAN

OPEN HOURS

DAILY 8 AM
7 PM



WHAT'S YOUR RMR?

Blank space for RMR calculation.

*Don't Know?
Ask Us! :)*
♡♡♡

NUTRITION NOTES

Blank space for nutrition notes.

BREAKFAST



EGG FRITATA

There's nothing like skillet-cooked eggy goodness in the form of the flavorful Fritata! Good for breakfast or lunch!

LUNCH



PITA PIZZA

It's pizza! Surprised? You shouldn't be! Fit Farm focuses on real world food and pizza exists in our flavor universe!

DINNER



ROSEMARY PORK CHOP





This savory favorite couples tender pork with the freshest ingredients from our seasonal, farm to table garden.

SNACKS



CEVICHE & HANDMADE GRANOLA

Our classic lime ceviche fills even the heartiest appetite and handmade granola hits the perfect spot after a long day's training!

LOVE OUR DISHES? SHARE THEM!
   /FitFarmTN  /fitfarm

CALL (888)-961-5681 FOR MORE INFO

**CHALLENGE YOUR LIMITS!
BODY, MIND AND GOALS!**

WWW.FIT.FARM